



WOMAN VIOLENCE IN AFGHANISTAN AND THE RETURN OF TALIBAN IN CONTAGIOUS VIOLENCE PERSPEKTIVE

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ABSTRACT

This research shows that contagious violence is playing important role in spreading violence against women in Afghanistan. This research argues that it is important to pay attention on how violence expose a subject, when it happened and who ie exposed by violence at that time. It is important also to produce immunity amidst society in Afghanistan. It is important to prevent wider transmission of violence in Afghanistan. Contagious violence and immunity theory shows that Taliban is the Host of violence that needs to overcome. Taliban massively spreading violence to disrupt immune system of anti violence in Afghanistan. Hiding the prove and preventing report activity will causes horrible silent spreading of violence. This research also shows that tracing and immediate response to any violence act is needed to cut off chain of contagious violence. Finding violence cluster and directly intervene is needed to prevent the subject who already exposed becoming more violent than perpetrator. Produce immunity system and direct intervention into all cluster of violence amidst society is more effective than urging Taliban to stop violence itself.

INTRODUCTION

Afghanistan is one of country that include in the list of conflict zone and have a lot of human rights violation such as violence. Then, through international intervention, the situation in Afghanistan becomes more stable. By seeing the condition that more stable, slowly international party decided to withdraw their troops in Afghanistan. So, in february 2020, US and Taliban make an agreement to withdraw international troops from Afghanistan on May 2021 (Nato et al., 2022). Not long after they pull out their troops, Taliban Military directly attack the city center in Kabul on August 15. Wherein through that attack, Taliban success do topple on Afghanistan government. In that time, president Ghani have to run away from Afghanistan, thus, Taliban immediately take control on Afghanistan government and announce their interim government (Amnesty International, 2022). In that condition, there is a lot of Afghanistan civilian who choose to flee from Afghanistan because they are afraid of Taliban. Taliban has been known as group that always do human rights violation against civilian. Because of it, around 120.000 civilian determine to refuge. It noted that US succeed to evacuate more than 65.000 Afghanistan civilian (Ferris, 2022). Afterwards, Taliban started to do violence and do attack on previous government. Taliban also begin to limit woman movement and political participation in Afghanistan. Woman are required to stay at home and have to wearing burqa. Women started facing threat from

Taliban and their supporting groups. Women activist in some organization has been threaten so they started to resign from those activities. In interview it said that 50 woman rights activists are forced to resign. If they did not do it, their families will be punished including unlawful killing (Saifullah et al., 2016).

By that, many women commence to do protest, but Taliban against women through violence even Taliban sometimes beat them by firing gun (Shaw et al., 2022). Even though Taliban already promise not to do such violence against woman but in fact they keep doing it. A number of violence is rising since Taliban take control over Afghanistan Government. Commitment for violence against woman in previous government have not strong enough thus it easy for Taliban to close the programme which related to woman rights. Patriarchy in Afghanistan is a root culture which is it put woman in harsh situation and find difficulties in reaching basic rights and basic needs.

Furthermore, woman in Afghanistan often facing honor killing. Honor killing is a punishment which imposed against woman due regarding to moral crime by killing the woman. Woman who are not keep their family dignity can be punished. They also cannot run away from their husband house even though their husband do violence. If the woman do it, they also will be punish (Maula & Kreshnadjati, 2022). High possibilities, in Taliban regime, a number of honor killing will be rising up. Taliban often using violence as their approach and implement it in the name of culture and religion. Aside of it, Taliban deliberately limit

Woman rights, so the man in Afghanistan can take advantages on it. Arm groups in Afghanistan also using the impunity against woman to do sexual violence. Thus, women are afraid to living their house due to harsh situation in Afghanistan. Woman who trying to flee from Afghanistan, if they are caught by Taliban, they will be put in jail. For married woman, they will be forced to begging apologize to their husband by kissing their feet (Mukhtar et al., 2022). Even some of them are forcing to married with Taliban, get beaten and get raped by Taliban.

In other hand, after Taliban take control over Afghanistan, they directly facing a critical situation related to security, economic problem and humanitarian crisis. By that, Taliban asking help to international community but Taliban only put their focus on economic and humanitarian aid. Taliban did not put security as their priority, thus it can put woman even more prone to violence. International community is utilise those circumstances to urges Taliban to defend on woman rights. Even United Nations declare their statement to keep supporting woman rights and stressed the need for full, equal and woman participation in peace activities (USUN, 2022). Even if they get pressure from international communities, Taliban keep doing violence against woman. There must be an explanation which can explain why violence in Afghanistan keep rising even amidst international pressure for Taliban. This research also will explain how Taliban spread their violence and how to prevent it and why international communities finding difficulties to make approach to overcome violence in Afghanistan.

Contagion of Violence Theory

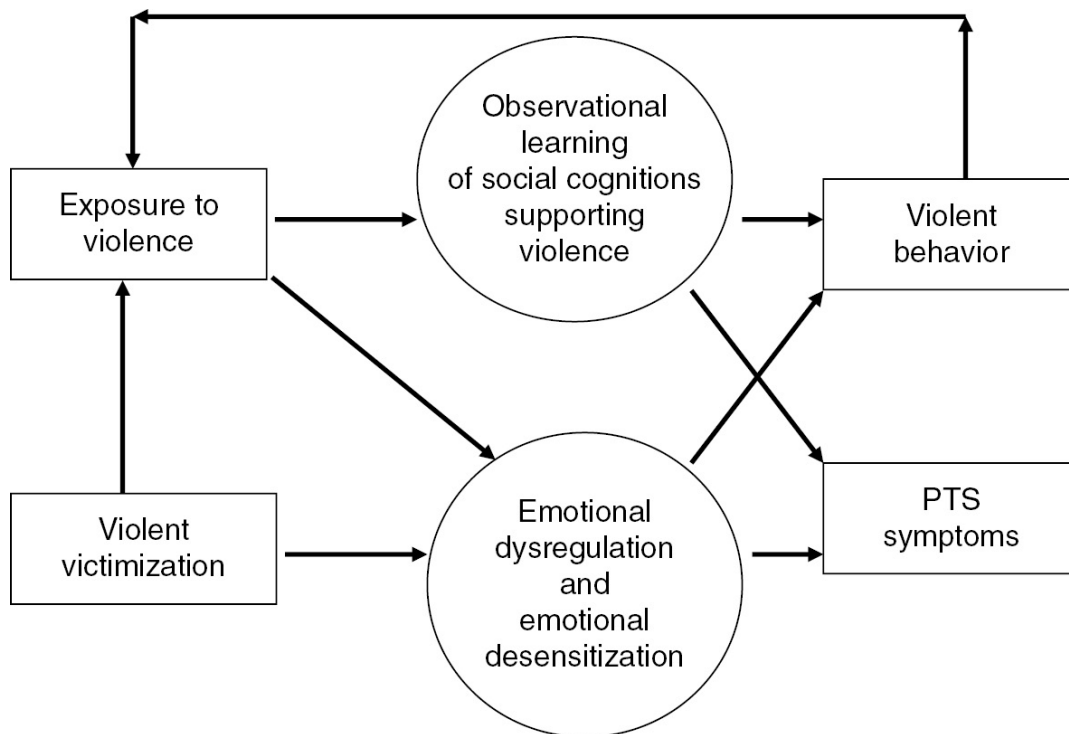
According to Johan Galtung, violence can be put into three forms which is direct violence, structural violence and cultural violence). Wherein direct violence is violence that we can see directly and it different from structural and cultural violence that can not be seen (Galtung, 1990). Violence is a kind of illness which easy to spread due to the behaviour also easy to imitate by individu surround. Violence can be carried out by individuals aggressively because each individu often observe their environment and copied their role model (Hyde-Nolan & Juliao, 2012). As

mentioned by Bandura, behaviour is something which easy to imitate directly and indirectly (Russell et al., 2017).

If mention violence as a contagious illness that can be transmitted, the matter of the illness or it can say as "violence", so their strength to transmitted will not be diminished only the immune itself who can decrease the illness when transmitted. In some cases, the violence even more stronger in another subject and more worst the the previous perpetrator (the carrier). When transmitted and entering incubation period, it will need suitable environment to replicate. The good environment to replicate also will becoming one of places that can produce stronger violence behaviour and also will accelerate incubation period. Furthermore, the spreading also have some factors to supporting the spreading of the contagious violence. Factors that could be support the transmission are places where violence occur, the perpetrator, the witness, the victim and also time when it occur. Aside that, it is important to see whether the perpetrator already caught or not. It needed so to prevent future violence act. In some of contagious illness, after individu getting expose from illness, by time they will showing a symptoms. In violence case, after individu watching violence act, unconsciously, they are expose from violence itself, including the victim who facing the act. They will showing different symptoms depending on forms of violence that they see at that time. According to Slutkin, symptoms of violence can be in a forms of harsh activities, such as hurting another people. In some supporting argument shows that victim and witness also colud be one of media which can transmitted a violence (National Academy of Science, 2013). For example, if in a house there is family member who do violence to another family member, so all of them in house are exposed to violence and unconsciously will do violence activity in a future in a certain forms. It depend on symptoms thay they get after exposed. That is why we have to know all individu who involve in that act, so it they can get certain treatment after exposes and it can prevent violence in a future. It is important to know because it is first step of early detection on contagious violence. Beside that, media in a forms of video or television can be counted as tools for exposing violence behaviour and indeed it also can spread the contagious violence (Greitemeyer, 2019).

In some cases it will be difficult to erase behaviour of violence if it already become a character than when it still in a first phase, such as when in incubation period or when showing a symptoms.

Cycle of contagion of violence by Rowell could explain how violence spread in community and imitate in other subject who exposed by it (Huesmann, 2018).



Based on the diagram above, we can see that there is phase that victim and witness seeing the violence (exposed by violence) in a same time. In this phase, contagious violence is different with common illness which related to health issues. In common illness they can spread only in a close distance but the distance of violence exposure can be varied. Contagious violence can be exposed in a long distance, as long as they can see the action no matter how long the distance, they still counted as exposed by violence. When subject get violence act, the subject can be put in violent victimization category. Violent victimization itself could give an exposure for another individu. And in this phase it can be assume as a phase where violence spread their behaviour.

After being exposed by violence, the witness and the victim will entering the observational learning phase (incubation period of contagious violence). In this phase subject who exposed by violence will try to observe violence act and unconsciously learn the act. This is why it can be called as incubation period. This phase is one of critical phase where subject could contruct the act into their new character. Apart from that phase, subject that already exposed by violence an entering the phase that can be named as emotional dysregulation and emotional desensitization. It is an emotional respons that out of control and can causing changing mood (Kannan et al., 2022). This behaviour can lead subject into high level of shame and anger or even high risk on sexual behaviour. Those emotion is a root of violent behaviour. It also can produce violent behaviour in a new subject. Moreover, observational learning is able to direct the subject into PTS syndrome which resulted from person who wittnessing or involving in a stressfull and traumatic moment (Cuddigan et al., 2022).

Emotional dysregulation and emotional desensitization itself also could be resulted from violent victimization. As it mentioned above that violent victimization is outcome from violence itself. It occur due to the subject after exposed by violence will find a difficulties to control or

release their emotion appropriately. After they facing Emotional dysregulation and emotional desensitization, there will be two possibilities as its outcome. Firstly, it will construct violence behaviour where the subject will start doing violence act and get used to with that behaviour. It happens because the behaviour already embedded in the subject itself. This violence behaviour in the future also will be learned by another subject and it will keep running in this circle until they cut or interrupt the circle. Hereafter, it also could develop into PTS Syndrome. PTS syndrome is when someone experiencing or witnessing traumatic moment and they cannot control their emotion.

Immunity of Violence.

Violence can be categorized as contagious act, thus it needs steps to intervene transmission. It is needed to prevent the transmission from one subject into another subject. It is easy to transmit around society because too many subjects which can be exposed. Contagious violence that spreading massively will make placing each subject into vulnerable position. Moreover amidst society that acceptance to violence and deem a violence as a common thing. It is similar with contagious illness, contagious violence needs to intervene by making an immunity against violence. The immunity has to be built amidst society so they will be resilient with violence exposure. Other than to prevent a transmission, immunity is useful to support subjects who exposed from violence become more resilient. It also could impede the subject become violent or facing misbehaviour after get exposed from violence. For example, when community already has an immune, when they see violence they will feel uncomfortable with it and immediately report it to the authority. By doing that, the perpetrator will get caught and the victim will get treatment so the chain of contagious violence will be cut off. How it works is almost similar like how diseases work. If subject already gets immune when get exposure their immune system will give a reaction hence their body will kill the diseases itself and so it will not transmit to another people.

Immunity itself in community can be made by producing something that could overcome the violence problems. Inequality could be one of source which can lead violence act (UNDP, 2021). Inequality related to over power in certain community and over power will lead someone do violence towards powerless subject. To produce immune it will need an adjustment and it depends on situation itself. As in illness, different subject will need different immune also. The reaction of every subject will be different whether they can accept it easily or not. If the subject cannot accept the immune system so the immune will be failed and they need another immune system that suitable to them. It also happens in contagious violence which need different immune system in different country. It has to put an attention on which forms of violence that happened there and why violence is easy to spread and how the transmission happens. Those things are needed to understand how the violence there works. Without knowing those factors will be difficult to make a suitable immune system to fight it.

RESULT AND DISCUSSION

Violence in Afghanistan seems common happens in there especially put woman as their victim. Woman often experiencing violence in their environment even in their ownhouse. The perpetrator is their parent, husband, brother and other close family member. Around half of Woman in Afghanistan experiencing any forms of violence in 2016-2020 (Safi et al., 2022). It is a huge number of violence category. Indirectly that case number shows huge number of people in Afghanistan already exposed by violence including man and children who witness violence in

their environment. There is high possibility that the witness will do a similar act to woman. It also possible in reveng or self defense cases, woman will do violence due to they learn from the perpetrator. Violent victimization which put woman as victim unconsciously will construct violent behaviour in woman after they get exposed. Woman as victim actually exposed by violence and as a part of violent victimization which is it resulted two different outcome. Firstly woman becoming violent as their self defence. They want to do a same act that the perpetrator do. Few of them even killing their husband and feel satisfy after do it (Hayeri Khyavi, 2021). It shows that victim can develop into perpetrator and have violent behaviour. It also will exposed another witness surround them. Secondly, victim who experiencing violence their emotion usually out of control. Most of them feel sad and angry because of what happen to them that related to violence. Inequality and injustice that they feel also play an important role in emotion. PTS syndrome which always related to traumatic often happen especially in woman in Afghanistan. As recorded, there is 57,4% woman in Afghanistan who have at least one of four type of trauma. From that number, there is 39,4% feeling close to their death, 23,3 % due to armed attack, 10,6% facing trauma because witnessing their family or friend being killed and 21,4% witnessing stranger facing violence act or being killed (Jewkes, 2018).

Violence that related to marriage life often concerning to punishment "nose cut off" . Woman in Afghanistan named Gul, said that she experiencing violence act for around 6 years. She also getting married when she was teenager due to being forced by her parent. For six years she facing the harsh act which causes PTS syndrome. It become worst when her husband want to do "nose cut off" to her. Instead of "nose cut off" she begging to her husband to kill her. At that time the husband ready to kill her but the gun did not work so the husband directly take a knife and cut off her nose. Afterwards, Gul feeling angry and was hoping that someone can do a same thing to her husband (VOA News, 2016). Circumstantially "nose cut off" resulted PTS syndrome do to experiencing something shocking.

After getting exposure from violence, the community entering observational learning of social supporting violence phase. In this phase, community in Afghanistan are trying to learn and grasp that the violence is a common thing. They see violence as a part of punishment that should be sentenced to any woman who make a mistake. The community instead of seeing violence as harmful thing, they see violence as part of discipline act. Discipline act need a punishment but they using harsh punishment. Observe and learn violence is happen almost in every family in Afghanistan. Even since they were children they already learn how to give punishment to their sister. This observational learning of social supporting violence phase eventually will lead them into violent behaviour phase. Honor killing is a punishment that often do by their brother due to they learn it from their family and they deem the act as a punishment. There is a man in Afghanistan named Gula khan that always exposed by violence and after he learn and observe it now he do it to his sister. He said in interview that he do honor killing to his sister because he think that his sister is deserve to get that (Nordland, 2014). Honor killing that has been done by their brother keep occur in Afghanistan because they always learn and support it. Honor killing also happen to the woman who just refuse a proposal from men but her brother directly stabbed his sister after she come back to home (Ahmadi et al., 2020). It shows that after they entering observational learning of social supporting violence they will make their own violent behaviour. Violent behaviour also resulted from emotional dysregulation which related to root causes of violent. It will need to intervene so it will not develop into violence. Something that related to

emotional such as bad emotion, it have to get treat soon before it getting worst and become harsh. Punishment that enforce by Taliban will worsen violence transmission and harm the woman rights.

Intervention also needed as a part of effort to eradicate a violence. Moreover it also to prevent violence spreading. If violence categorize as contagious illness so it need immunity to prevent the transmission. Immunity in this case is something that can eradicate a violence around community. Pressure from Taliban to destroy immunity around community which already exist before is hard to fight. If we see Taliban as a host of contagious illness, so the immune which exist wi started to fight the host of illness. Most of immune come from violence survivor that survive from the contagious violence. Protest is one of the immune reaction to fight Taliban as The Host. Woman keep protest against Taliban rules but Taliban as The Host keep fight back with violence. Unconsciously, the violence that Taliban make against the protesters is one of act that related to re-exposure of violence. All of people surround it will expose to violence act.

Woman can be categorized as strong candidate in immune system around community in Afghanistan. They keep strive against woman violence through some activity that related to woman rights and peace. Taliban keep fight by giving a threat to women which related to violence. Taliban also spreading violence and harsh act to woman who work as international staff (The Guardian, 2022). Some women started to step down from those activities because they are afraid of Taliban (UN News, 2022). The woman step down act from struggling woman rights shows that contagious violence more stronger than the immune itself. Massive contagious violence obstruct immunity that exist before. Thus, It can called as immune failure system in society level. Seemingly Taliban as " The Host " trying to prevent all aspects and activities that can produce anti violence immune in society. Furthermore, Taliban using their patriarchy culture and religion to support the contagious violence itself.

In Afghanistan to eradicate violence against woman, they need build immunity that consist of equality, a good report system and impartial, supporting freedom of speech and expression, good tracing system and intervention treatment. To build the immunity it will take a long time. Moreover violence already exist for several years. Equality between woman and men rights is needed to eradicate patriarchy in Afghanistan. It can be started from education itself. Actually woman do not have a same access to education compare with men. Was taliban will shot parent who allowed her daughter go to school (Amnesty International, 2022). Now Taliban keep forbid the woman to go to school but they using soft approach by saying that they can not go to school. Taliban just open some school for woman but they still separated it by their gender. Taliban just open some school with that rules just to shows the international community that they fulfill the woman rights in education so it just a formality to gain international aid (Goli et al., 2023). Equality never be achieve if Taliban still do not allow all woman to go to school lika men. Inequality in education aspect will placjng woman as a vulnerable person. By forbid woman to go to school , it also deliberately limit woman knowledge. Woman will never know what is " rights ", what they can get from the rights, what rights they should get and defend. Inequality also continue by limiting woman participation in politics and stakeholder (Hadid, 2022). The limitation in participation will resulted policy which give advantages for men and indirectly will narrow the woman rights. It happen because most of policy is making by men so woman voice hard to hear. Taliban deliberately do it to prevent community build their immunity in equality aspect.

Not only that, Taliban also took woman freedom away by limit choices for woman in daily life. As a first symptoms of contagious violence is when Taliban starting to urging woman in Afghanistan to wear burqa and clothes that cover until their toe. Henceforth, a number woman begin to placing in jail due to moral crime reason, such as refusing proposal from man or trying to flee from house. Woman who trying to urging their freedom through protest will be caught (Gross et al., 2022). Women's freedom is starting to limit through moral judgement which could resulted placing them in jail. In a same time it give an advantages for men who trying to sue all women who refuse them or against men's rules. The freedom limitation in women rights is also an aspect that Taliban trying to close so violence will easy to transmit among them.

Limiting woman movement and protest indirectly will make a difficulties on a rept system. A fear that facing by woman due to threat from Taliban will make a women are afraid to report any violence that happen to them. Taliban also trying to limit journalist who want to report a violence in Afghanistan. As many as 80 jurnalist was caught and tortured because theybreporting violence which doing by Taliban during protest. They also forbid not to published anything that related to Islamic Taliban rules which relate to violence. Even farther, they urges the journalist to signed an agreement paper not to report anything when Taliban release them (Amnesty International, 2022). The forms of silencing along with violence is creating a difficulties to important sytem against violence. It will make international community hard to reach a cluster of contagious violence. If international community hard to reach out the cluster, so it difficult to cut off the chain of contagious violence. Moreover it can develop into silence spreading if no one hard to find the information about the violence cluster. The chain need to be cut off to prevent further transmission.

Now a days, media is rare in reporting about woman in Afghanistan due to international community starting to put their concern to another conflict in another country (Syams & Vonhein, 2022). The changing on international concern will worsening a violence transmission in Afghanistan due to lack of intervention and treatment in violence act. It will difficult to cut off the chain of contagious violence due lack of tracing in each violence cluster.

CONCLUSION

Violence in Afghanistan is a contagious illness that have to solved so a woman there can access their basic rights. Taliban can be categorized as one of " the Host " of contagious violence in Afghanistan. Taliban do any forms of violence that harm the woman rights and put violence as common thing and as a punishment for woman there. Afghanistan still lack of immunity due to violence behaviour that exist many yeras ago and it make violence difficult to conquer. Taliban spreading the violence massively by obstruct the immune system that already exist before. Afghanistan want to retake control of the community, so they trying to disturb the immune system in community by doing many exposure of violence amidst society. Silent violence transmission also playing important role in increasing a number of violence there. All the aspect of immune system always disrupt by the Host. International community put their attention to women rights in Afghanistan by order Taliban to stop violence. But it will difficult to accept by Taliban due to there is no strong immune sytem to conquer a contagious violence there. International communtiy need to make a certain approach to produce immune sytem. Hence they need intervene system to trace and handle each community who already expose by

violence. Lack of tracing and intervene in direct community will make transmission of violence even worst.

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